

Cycling Safaris

Family bike tour "Bruges for Kids"

Self-guided Tour 2019

154 - 169km | 7 days / 6-night



This holiday is truly surprising! The region between the Belgian coast and the stunning city of Bruges is a special area to discover, both for kids and for adults. This cycling trip is ideal for the whole family: sea and sand, cultural heritage, shopping in Bruges, peaceful villages and cycling paths through a splendid countryside.

Tour highlights:

- Cycling between the coast, dunes, polders and canals
- Silent roads and cycling paths along a signposted network
- Rich architectural heritage (churches, abbeys, castles,...)
- The historic centre of Bruges
- Hotel near the beach in Ostend
- Attractions in Bruges for kids: Boudewijn Seapark, Choco Story and many more
- Attractions in Ostend for kids: Earth Explorer, Airport Bowl, Children's farm 'De lange schuur'

TOUR ITINERARY

Day 1: Arrival in Bruges

There is really a lot to do in Bruges. As this is a kids' holiday, we will mention the things kids really want to see.

A boat trip on the 'Reien' is always a nice experience. These boat trips usually take half an hour.

For a really wonderful time, you can go to the Boudewijn Seapark, a lovely theme park where you can admire the dolphins in a huge basin. The kids will have a wonderful time in the chocolate museum 'Choco-Story'!

But, certainly, they will also like the historical centre of Bruges, with the famous market place and the belfry. Trips by carriage through the historical town centre are also possible.

Or how about Zeebrugge? In Zeebrugge, you can visit Seafront, a maritime theme park, where you can visit an ancient Russian submarine, and discover the life on the sea.

Day 2: Bruges - De Haan - Ostend

40 km

On the way to Ostend, you can discover De Haan, a village which has beautifully preserved the 'Belle Epoque' style (19th century). After an unforgettable tour, we arrive in Ostend. The stay in Ostend will be a paradise for the children! The hotel is situated at the beach, and there is a lot to discover: children's farm 'De Lange Schuur', the playground 'Airport Bowl', Earth Explorer...

Day 3: Round tour to Oudenburg

30 km

This tour will bring us to the nice and flat countryside behind the Belgian coast, also named 'polder landscape'. Oudenburg is a typical Flemish village, built on the foundations of an ancient roman city.

Day 4: Round tour to Nieuwpoort

44 km

Nieuwpoort is just like Ostend and Blankenberge one of the favourite seaside resorts in Belgium. This small town is situated along the river mouth of the 'Yser', a river that played an important strategic role during the First World War. The children will certainly enjoy the harbour and the nature reserve 'Ysermonde'. You can also have a break on the wide and lovely beach.

Day 5: Ostend - Bruges

36 km

We cycle back to Bruges and will pass charming villages such as Bredene. Enjoy typical Belgian landscape with the children. We will also pass the silent canal Ostend - Bruges and the popular 'Spuikom' in Ostend.

Day 6: Cycling tour to Blankenberge and the North Sea

31 km

There is nothing nicer for the kids than spending a day by the sea! Blankenberge is a busy town on the Belgian coast, and one of the favorite places of many tourists.

What kids will really like is the Sea Life Marine Park, where they can discover the fascinating wildlife of the rivers and the oceans (sharks, piranha's,...)!

Day 7: Departure after breakfast

2019 TOUR PRICE & DATES

Tour can start every Sunday from 28 April - 22 September
€475 adult price per person sharing (including bike rental)
€620 for single occupancy
+€45 per person high season supplement from 16 June to 25 August

Price for a child sharing a room with 2 adults:

0-2 years – free tour but pay for child seat €20
3-6 years – €255 low season / €285 high season; incl. child bike)
7-12 years – €350 low season / €395 high season; incl. child bike)

Additional extras (per person):

Half board supplement (6 dinners):	€150	
Trailer or 3 rd wheel for the child:	€45	
E-bike:	€75	
Child Trailer	€45	
Bike insurance:	€25	
Extra night in Bruges:	€60 per person sharing	€95 single room occupancy

TOUR PRICE INCLUDES

- 7 days – 6 nights in 3/4* hotels in ensuite room with breakfast
- Bike hire (7 or 21 speed bike with pannier, pump, lock, repair kit)
(Easy terrain – limited number of 21 speed bikes available which must be pre booked)
- Museum discount card in Bruges
- If half board is booked: 6 x 3 course dinner
- Drinks in Oostende incl. (beer, wine, lemonade and water) when half board is booked
- Map, tourist information and road description
- Luggage transport (1 piece per person, up to 20 kg)
- Service-Hotline

ADDITIONAL INFORMATION

What to bring

Your enjoyment of the tour will also depend on whether you choose the right clothes to take along. We would recommend that you bring padded cycling shorts and / or a gel saddle cover which will make your days cycling more comfortable. Cycling gloves are also a good investment, as are hard-sole shoes which will help protect your feet. And don't forget raingear including a rain jacket, rain pants and slip-on boots. A hat will protect you from getting too much sun.

Accommodation

All rooms have an en-suite bathroom and are generally in the 3 or 4 star category. You can savour the good regional kitchen with a generous breakfast and a 3 course menu (if booked half board). Vegetarian options are also possible (if requested).

Arrival to tour start

Airport in Brussels or Charleroi (Ryanair) + train to Bruges and bus or taxi to the first hotel
The trains are frequent to Bruges from Brussels – 2 trains / hour, the journey takes approx 2 hours.

BIKES AND FITNESS

The bike tours are unescorted. All mileages are approximate distances of recommended routes, the tour is easy and flat, suitable for all cyclists and families with children with some cycling experience.

Ladies' bicycle



Child's bike



Mens' bicycle



3rd Wheel



Electric bike



Child seat



Tandem



Trailer

